

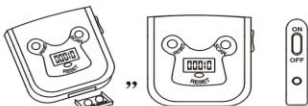
Operating Instructions Pedometer Radio

Major Functions:

1. Pedometer and display the number of steps on LCD.
2. 88-108Mhz FM Radio with auto turning.

Operation Instruction:

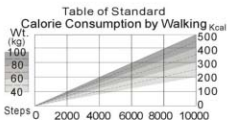
1. Press the "RESET" (in the middle) key to clear the number, and begin to count the step.
2. The pedometer could show the number of step (from 00000 to 99999).
3. Turn on the switch of radio, press the "SCAN" key to select channels automatically. If no channel be received after pressing "SCAN" key several times, press "RESET" key once, it will be able to select channel again.
4. Put the switch to "ON" or "OFF" to turn on or off the radio.
5. After it has been used for a long time, if the display gets fade or the volume of radio is very low as the switch is at the "HIGH" position, please replace the batteries.



Pedometer Range: 0-9999.
It used tow "AG13" batteries.



Reference: Table of Standard Calorie Consumption by Walking



Notes:

1. For this precise instrument, please make sure to operate and maintain properly.
2. Don't disassemble the instrument except replacing battery, or will cause damage to it or influence on its measuring accuracy.
3. To maintain accurate reading, the battery should be changed every 12 month. When changing the battery, please call the expert, or maybe cause damage.
4. Breakable does not drop and wet.