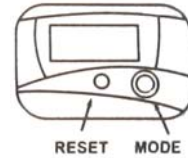


Operating instructions Promotion Pedometer BP706023

Promotion Pedometer Features:

1. Pedometer (step counter) adopts microcomputer technology with mini-construction design and readable LCD display. The paces are detected via the movement of waist.
2. Step counts range from 0 to 99999.
3. Press "reset" key to return the LCD display to zero
4. It will auto turn off after not in use for one or half minutes.

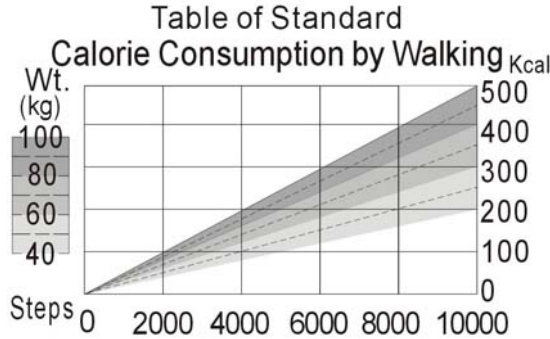


Promotion Pedometer Mounting: Attach the pedometer securely and vertical to your waist the cente of your body, false mounting or walking way will possibly cause inaccurate result.

Promotion Pedometer Measurement:

1. Start the measurement by pressing the "RESET" key, or the step counter will keep counting until the press of RESET key.
2. After stopping its counting, the LCD will display the step paces-> mileage-> kilometer-> calorie in sequence with pressing "MODE" key.

Promotion Pedometer Reference: Table of Standard Calorie Consumption by Walking



Promotion Pedometer Trouble shooting:

Problems	Cause & Remedy
Not all your steps were detected	Mount the pedometer properly according to the manual and ensure your walking method is right.
Obscure display	Low battery, replacing new battery is necessary. Ambient temperature is too low. The normal display will recover when the temperature rises.
LCD is black	The pedometer has been put under direct sunlight or operated in high temperature too long, LCD display will recover normal status in the shade.

Promotion Pedometer Note:

1. For this precise instrument, please make sure to operate and maintain properly.
2. Don't disassemble the instrument except replacing pedometer battery, or will cause damage to it or influence on its measuring accuracy.
3. To maintain accurate reading, the pedometer battery should be changed every 12 month. When changing the pedometer battery, please call the expert, or maybe cause damage.
4. To maintain accurate measurement, please attach the pedometer vertical to your waistband or belt.
5. Breakable does not drop and wet